



Integrative Anti-Aging Dentistry

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SYNERGY DENTAL GROUP

Dr. Kimberly Hubenette works with her clients to integrate traditional dentistry with cutting-edge technologies for a whole body approach to optimum oral health.

What does anti-aging dentistry mean to you?

Anti-aging dentistry means adding back years to your look and mouth. I look at the mouth as a window into the overall health of the body. We use cutting-edge, non-invasive technologies, like saliva DNA testing, to address the root causes of issues, and work with our patients to bring them back into balance. We look at pH, the health of the natural biome, and bacteria imbalances. We love going that extra mile and solving problems for our patients that, in turn, have a positive impact on their overall health and youthfulness.

Why the name “Synergy” Dental Group?

Synergy refers to the interaction of multiple factors coming together to produce a combined effect that is greater than the sum of the individual parts. It also applies to our body’s natural way of balancing all its parts. When they are working together efficiently we are healthy, vibrant, and youthful. We feel and look our best. Synergy also applies to our office; my amazing team of hygienists, assistants, and front office – the way they work together inspires me every day. When you have the right mix of components working synergistically, the result is simply magical!

Why do you feel offering sedation is so important?

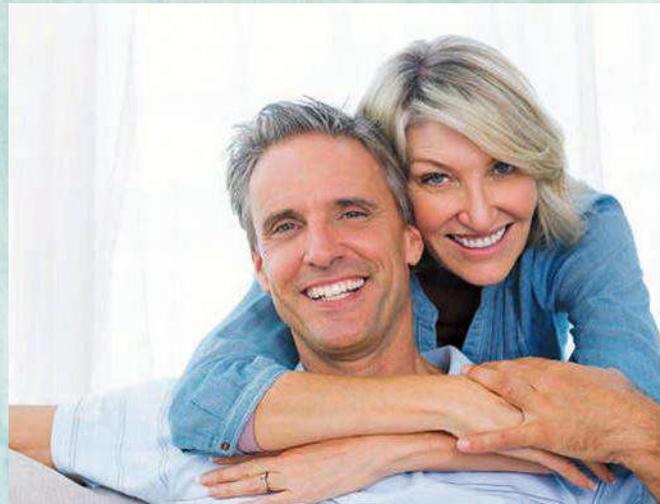
Here’s a shocking stat - over 50% of people (including those with insurance) don’t go to the dentist regularly because of nervousness, fear of pain or lack of time. By coming to the dentist regularly, we can catch and prevent many of the painful and costly issues. And, better yet, by offering sedation, we can offer comfort and a pain-free experience to our clients. We even buffer the anesthetic, neutralizing the pH of the mouth, meaning the anesthetic is more comfortable, works faster, and we can use less!

What other services or specialties do patients seek you out for that are not routine?

So many! We use dermal fillers in the gum tissue to close minor spaces between the teeth. We use dental injectables, like Botox, to relax the muscles, such as for clenchers, migraine or chronic headache sufferers, or those with a “gummy smile.” We utilize lasers to treat cold sores, which reduces their painfulness, frequency, and decreases the healing time. People with an important event or vacation coming up love taking advantage of this technology. Our team assesses airways for long term quality of sleep, Nutritional Dental counseling, and offer complete services for dental Implants.

Kimberly, why are you so passionate about your field?

I am the kind of person who loves to learn something new every day. I don’t have children and this practice has become my love and life’s work. I believe in constant and never-ending improvement. I don’t do it for me, I do it to help my patients. I love delving in and coming up with out-of-the-box solutions that have a profound and positive impact on my patients’ lives for a lifetime.



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